

NAMBA PARKS

Long LIFE *Story*

Autumn 2025

Real gems with
which to spend your life



Long LIFE Story

Autumn 2025

Autumn, the time when we explore deeper into ourselves

Long LIFE Story

Things you will want to keep for the rest of your life.
Items that are just right for you. These are “real gems.”

Autumn is the season for us to make a gradual shift
from the summer moods and reset our lifestyles and mindsets.
It is also the season we can enjoy with all of the five senses,
whether relaxing by reading during long autumn nights,
savoring seasonal delicacies,
appreciating art and nature, or other.

We offer various items made with exceptional ingenuity and
creativity that enrich your individual life.
These items bring greater pleasure and comfort to your time,
whether spent alone or with family.
We at Namba Parks hope you will find your “real gems” that
will snuggle up to you for a long time and
help you enjoy autumn days here.





A garment that accentuates
our individuality and
looks nice on everyone

According to Agnès Troublé, the founder of agnès b., she liked wearing sweatshirts. One day, she came up with the idea that it would be convenient if sweatshirts could open at the front like cardigans and thus designed a garment with buttons closely spaced like a priest's attire. This is the origin of Cardigan Pression, an undisputed icon of the agnès b. brand and an unparalleled long-selling item. As Cardigan Pression can be easily paired with any outfit, I cannot do without it and so bought another color and enjoy wearing them on different occasions.

Cardigan Pression Navy 25,300 yen (tax included) /
2F agnès b. Other: Stylist's own goods
The model on p.4 wears Cardigan Pression in white.

Selecting the right eyewear for my “face”



Glasses are a part of my face. That's why I selected the frame of ayame for its outstanding quality. The crown-panto-shaped frame is not too big yet impressive. The upper part of the frame is straight, which gives it a not-too-sweet, but sharp and cool appearance. The arms of the frame are made by sandwiching a metal core between two plastic sheets. This technique is called *shinbari*, which embodies the sophisticated craftsmanship of artisans in Sabae, Japan's major production center of glasses, making the frame a real gem. We can greatly change our appearance by wearing different glasses. For me, glasses are not only a visual aid but can be a great way to change my look easily.

ayame CR BK 49,500 yen (tax included) / 4F POKER FACE
Other: Stylist's own goods

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Adding a new favorite to my wardrobe

I began wearing a polo shirt from FRED PERRY, a tennis wear brand established in 1952, because this is a favorite brand of my partner who loves music. The classic FRED PERRY polo shirt was loved by many artists and became increasingly popular from the 1960s to 1990s. Today, it has grown to be an iconic fashion item. The polo shirt, whose design has remained unchanged to this day, can be worn both casually and formally, and the loose-fitting unisex size shirt is comfortable to wear. I am glad to have added another favorite to my wardrobe.

The Fred Perry Shirt-M3636 17,600 yen (tax included)/
4F FRED PERRY Other: Stylist's own goods



Taking care of shoes and enjoying seeing how they change over time

The Timberland brand was born in New England inspired by its natural and traditional heritage. The popular handmade moccasin shoes known by the name of "3eye" are the pinnacle of leather craftsmanship. The shoelaces provided around the shoes enable the fitting to be easily adjusted, and the longer they are worn, the better they fit the feet and the more appealing the leather texture becomes. I hear many people love and wear the shoes for a long time as they can be repaired. My partner and I wear the 3eye shoes of the same color and enjoy experiencing the change in texture with the passage of time.

3eye Classic Lug 25,300 yen (tax included)/
4F Timberland
Other: Stylist's own goods

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Your own chair that provides a special space for you

A chair with a cute round form and a gentle design that carries the warmth of wood. Due to its light weight, the chair is easy to move around, providing a sitting space for a brief rest in the kitchen, at the counter, and so on. You can choose the height from six levels, and the frame from five kinds of natural wood. The upholstery can be fabric or leather. The combination is limitless. You can choose a combination that harmonizes with the atmosphere of the room, or choose one with impact to add an accent to the interior space. This is a one-of-a-kind chair created carefully and specially for you by a skilled artisan upon receipt of an order, which brings joy and color to daily life.

COUPE STOOL 39,600 yen (tax included) / 2F LIVING HOUSE

Other: Stylist's own goods



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Beauty of everyday things used traditionally for a long time

Boil water and drink a cup of hot water. This is my morning routine. I use an iron kettle of OIGEN, a long-established ironware manufacturer in Iwate with a history of over 170 years.

It is said that when water is boiled in an iron kettle, minerals from water accumulate on the inner surface of the kettle, which softens the water and makes it taste mild and sweet. The traditional pattern called *arare* makes the iron kettle a charming addition to a kitchen landscape. The kettle's one-liter capacity also makes it convenient to use. This utensil is designed for a lifetime of use and becomes increasingly attractive over time, bringing calm to our hectic days.

OIGEN Tetsubin Maromi Arare (1L) 19,800 yen (tax included) / 5F BASIC AND ACCENT Other: Stylist's own goods



A functional yet stylish table, which adds an artistic feel to living spaces

K22, a table produced by TECTA of Germany, is a hidden gem that has been around for over 20 years. The combination of an organic natural wood top with an aluminum frame gives it a stylish look, and the height can be adjusted simply by turning a screw. The table can be conveniently used when relaxing on a sofa or bed, and can serve as a side table in a dining room. "If you join a video conference and need some space on which to put things, this table is the perfect choice," said a sales clerk. Designed as a side table, K22 also looks like a work of art and will become a natural part of daily life the more it is used.

K22 side table [Made with walnut without casters]
92,400 yen (tax included) / 2F ACTUS
 Other: Stylist's own goods



A high-quality clock featuring a combination of beauty, functionality and craftsmanship

I had trouble finding a clock that would go well with the space filled with my favorite things until I came across this wooden clock. The walnut frame, accentuated by a modern dial face and a brass second hand, gives the clock a stylish look. The frame was meticulously and laboriously crafted by assembling seven cut-out wooden pieces. The glass cover muffles the ticking sound so I place the clock on the bedside. Whenever I see this clock, I feel the joy of having finally found the design that perfectly fits my taste.

Frame Clock Mini 14,520 yen (tax included) /
5F Hacoa DIRECT STORE Other: Stylist's own goods

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A one-of-a-kind wallet that becomes part of one's heart over time

IL BISONTE is a brand that embodies the Italian culture of "enjoying using high-quality items for many years." Made by hand by artisans, their products become more attractive in texture and more comfortable to the hands of users the longer they are used. I selected a bifold wallet, which has a square form with a brass button on the coin purse, adding an accent to its appearance. The wallet is slim but can hold the minimum number of cards needed. I have heard that wallets of this size are becoming very popular. I hope to enjoy the process of the wallet becoming a part of my being over time.

Wallet 31,900 yen (tax included) / 2F IL BISONTE

Other: Stylist's own goods

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Feel the joy of using items for a lifetime

Tonight, we will dine at a restaurant in the suburbs. From the closet, my partner took out a pair of well-looked-after tasseled loafer shoes by CROCKETT & JONES, a British shoe manufacturer founded in 1879 in Northampton, renowned for producing quality leather shoes. Their handmade shoes are internationally popular among gentlemen due to their exquisite craftsmanship and quality. The elegant appearance unique to these shoes is the result of hard, detailed work by skilled shoemakers. Over time, the shoes become more comfortable to the feet. Even the creases that form add to their charm. It is a pleasure to own items worth using for a lifetime such as these shoes.

CROCKETT & JONES / CAVENDISH3 Calf tassel loafers
126,500 yen (tax included) / 2F BEAMS HOUSE

Other: Stylist's own goods





A beautiful silhouette that fits the body and fills the soul

As grown-ups, we often have difficulty finding clothes that look truly good on us. I think denim jeans are a good example. In recent years, I have become fond of denim jeans from YANUK, a Los Angeles-based brand. YANUK jeans, which are now produced in Okayama, have a beautiful silhouette and are very comfortable to wear. Especially, the LEA boys straight jeans are pleasantly loose-fitting and make the body shape look beautiful, as they are made with a specially designed pattern and a unique trick denim fabric that stretches only vertically. Denim jeans that really suit us uplift the mind and give us the joy of being fashionable.

LEA (boys straights) 30,800 yen (tax included) / 3F YANUK Other: Stylist's own goods

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A made-in-Japan watch that embodies the proud tradition of simplicity and sturdiness

This is a full-metal model of the DW-5000C, the first model of G-SHOCK which became a global hit when released in 1983. According to my partner who has worn this watch since his school days, its iconic red line is irresistible to fans. Fans also love the stainless-steel bezel, finished beautifully through a time-consuming process of forging, cutting and polishing, as well as its long life as a solar-powered radio-controlled watch. As such, the watch epitomizes simplicity and sturdiness. It is a pleasure to wear a watch that is made in Japan with exceptional quality and craftsmanship.

GMW-B5000D-1C IF 84,700 yen (tax included) / 1F G-SHOCK store
Other: Stylist's own goods



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Enjoying autumn days in my own stylish way

MARcourt is a shop with a curated selection of fashion brands, both Japanese and foreign, offering a versatile range of items with timeless yet sophisticated designs. To enjoy autumn days, I selected a gilet with a cocoon silhouette from a private brand, mizuiri ind, which I like putting on when I want to change my mood. Made in Japan, this item is comfortable to wear and meticulously made, and its soft feel makes me look naturally fashionable. The gilet has become my favorite item that snuggles up to me and gently lifts my spirit.

Front fly cocoon gilet 17,930 yen (tax included), shirts and pants, not included. / 3F MARcourt

Expressing my own individual self in a minimalist manner

The name A.P.C. (Atelier de Production et de Création, or Atelier of Production and Creation) represents two important concepts of the brand: “Without production, creation is just an idea.” and “Without creation, the soul does not dwell in clothes.” Virginie Box Bag is a real gem that is simple and beautiful with minimum decoration, made by placing equal importance on production and creation in line with the two concepts. Made of beautiful lustrous smooth leather, the bag enables me to express my true self in a minimalist manner, whether in a formal or casual setting.

Virginie Box Bag 93,500 yen (tax included) / 2F A.P.C. Other: Stylist's own goods



Feel the advance of autumn together

The Parks Garden is a “third place” for you as you travel through life. Although Namba is right in the city center, it has been designed to achieve a sustainable city that is environmentally friendly, where nature and people can coexist.



We know that autumn is approaching when the trees begin to change color. We feel calmed by warm sunlight filtering through the trees and the sound of insects at night. Feeling the change of season through all five senses makes us closer to nature in daily life.

Tap into your inner self gently while feeling the advance of autumn. The Parks Garden nurtures such moments of fulfilment, together with you.

